



ALLERGEN GUIDE

Updated 11 October 2022

**BEST
TASTE
IN TOWN**



RAINBO
BORN IN LONDON. INSPIRED BY TOKYO.

We can't guarantee any our food is suitable for those with allergies due to a high risk of cross contamination.

DISHES	CELERY	CELERY WITH GLUTEN	CRUSTACES	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Chicken Katsu / Teriyaki rice / Noodles	✓	WHEAT		✓			✓					✓	✓	
Pumpkin Katsu / Teriyaki rice / Noodles		WHEAT										✓	✓	
Prawn Katsu / Teriyaki rice / Noodles		WHEAT	✓									✓	✓	
Pork belly rice / noodle		WHEAT										✓	✓	
Gyoza chicken		WHEAT		✓			✓					✓	✓	
Gyoza pork		WHEAT										✓	✓	
Gyoza prawn		WHEAT	✓									✓	✓	
Gyoza edamame	✓	WHEAT										✓	✓	
Gyoza duck		WHEAT										✓	✓	
Noodles base		WHEAT										✓	✓	
Bao chicken	✓	WHEAT		✓			✓		✓			✓	✓	
Bao pumpkin	✓	WHEAT							✓			✓	✓	
Bao pork belly		WHEAT										✓	✓	
Bao prawn tempura		WHEAT										✓	✓	
Gyoza soup (check gyoza flavour)	✓	WHEAT										✓	✓	
Spicy vegan mayo		BARLEY							✓				✓	
Chilli Oil		WHEAT										✓	✓	
Tonkatsu sauce	✓	WHEAT							✓				✓	
Prawn Temura		WHEAT	✓										✓	
Spring rolls		WHEAT										✓	✓	
Dorayaki chocolate		WHEAT		✓			✓						✓	
Dorayaki strawberries		WHEAT		✓			✓							
Dorayaki green tea		WHEAT		✓			✓							
Mochi chocolate		RICE FLOUR		✓			✓						✓	
Mochi Coconut		RICE FLOUR					✓						✓	

REVIEW DATE: 11/10/2022

REVIEWED BY: ANDREW HARMYNA

Food allergy disclaimer: Please be advised that food prepared here may contain these ingredients: MILK, EGGS, WHEAT, SOY, PEANUTS, TREE NUTS, FISH, SHELLFISH and SESAME.

